

FRIDAY NIGHT COUNTRY MUSIC DANCE RETURNS! Featuring DUSTY ROAD LIVE BAND

Every Friday night starting August 3rd @ 7PM. Cost is \$6 at the door. Come ready to boot, scoot and boogie or sit and enjoy listening to DUSTY ROAD BAND.



HOME HEALTH INFORMATIONAL SEMINAR

Do you have questions about home health, how to access it, and what it involves? On Thursday, August 23rd at 10AM, Caroline Combs-Young from Quality Home Health will provide a fun and informational presentation on the basics of home health utilizing a trivia format. Come learn more about home health and have a good time. Light refreshments will be served. Stop by or call the office to get registered.

SENIOR LEGAL AID CLINIC

Attorneys with Legal Aid of East Tennessee will be at Everett Senior Center on Friday, September 7, at 10:00 a.m. for a FREE educational presentation on senior legal issues, with a time for questions afterward. Anyone is welcome to attend this event, including family members of seniors. Space is limited. Call or stop by the office to get signed up!



**702 Burchfield Street.
Maryville, TN 37804
(865) 983-9422**

**Facebook: Everett Senior
Center
www.Parksrec.com
escAdmin@parksrec.com**

**Hours:
Monday thru Friday
8am to 4pm**

**ESC Memberships
Per Year:
\$15.00 Individuals
\$25.00 Two People**

IPHONE/IPAD ADVANCED

Instructor: Jennifer Dancu

Dates: August 27 & 28 (Both days Required)

Times: 10:00-12:00

Cost: \$35.00

Ready to take your learning to the next level? This class is for those who have the basics but want to learn more. You must bring a device (laptop, tablet, iPad, or smartphone) whichever is your preference to use for learning, with you to this workshop. Sign up today!

DIABETES "Sweet Spot"

Date: Thursday, August 9th

Times: 1:00 -2:30pm

This a monthly seminar that is for diabetic patients and caregivers of diabetic patients. Topics covered range from medications, lifestyle changes, complications of diabetes and much more. Join us for this free class!

AARP DRIVER SAFETY

Date: October 25 & 26 9AM-1PM (Both days Required)

Cost: \$15.00 AARP Members \$20.00 Non Members.

Safe Tennessee drivers 55 and over may receive a discount on auto insurance for 3 years, with certificate of completion. No test is required to complete course. Space is limited so please call 983-9422 to reserve your place in class.

Save the Date... September 2018

- Potluck/Bingo Thursday 6th 11:30
- Senior Legal Aid Seminar Friday 7th 10:00
- Sweet Spot Thursday 11th 1:00
- Mid Week Music Wednesday 12th 10:00
- Social Media Mon/Tues 24th & 25th
- AARP Meeting Tuesday 25th 12:00
- Mid Week Music Wednesday 26th 10:00

ANDROID AND TABLET ADVANCED

Instructor: Jennifer Dancu

Dates: August 27 & 28 (Both days Required)

Times: 12:30-2:30

Cost: \$35.00

Ready to take your learning to the next level? This class is for those who have the basics but want to learn more. You must bring a device (laptop, tablet, iPad, or smartphone) whichever is your preference to use for learning, with you to this workshop. Sign up today!

NEW TO MEDICARE

Date: Tuesday, August 21st

Time: 11:00 AM

Come in and ask questions and learn about all your Medicare options. If you have friends interested in learning more about Medicare, Bring them along! If you are newly eligible for Medicare or turning 65 in the next 12 months, please join us at our Medicare Educational Workshop-and let us help simplify Medicare for you.

Program Spotlight:

Coloring Pages

Every Wednesday!

Time: 1:00pm-3:00pm

Cost: Free

Join Stacy and find your creativity in Coloring Pages! With dozens of pages to choose from and more available every day, we have crayons, markers, color pencils, and water color pencils.

ESC ROOM SCHEDULE

PROJECT ROOM

MONDAYS

SM4S last Mon 10:00-2:30
 Quarterly for Retirement Decisions 11:00-12:00

TUESDAYS

SM4S Last Tues 10:00-2:30
 Medicare 3rd Tues 11:00-12:00

WEDNESDAY

Scrabble 9:30 -12:30

THURSDAY

Diabetes 2nd Thurs 1:00-3:00
 Bunco 3rd Thurs 1:00-3:30

FRIDAY

LARGE ROOM

MONDAYS

Scrap Time 8:00-3:30

TUESDAYS

AARP 4th Tues 11:30-1:00

WEDNESDAY

Elder Watch Meeting 3rd Wed. 9:00-11:00
 Mid-Week Music. 2nd & 4th 10:00-12:00

THURSDAY

Potluck 1st Thurs 11:30-1:00
 Tai Chi 9:00 -10:30
 Ping Pong 2:00-4:00

FRIDAY

Dominoes 9:30-1:00

ART ROOM

MONDAYS

Watercolor Paint 9:30-12:30

TUESDAYS

Knitting group 10:00-12:00

WEDNESDAY

Oil painting class 9:30-12:30

THURSDAY

Knitting group 9:00-12:00

FRIDAY

Red hats 3rd Friday 11:00

Drawing 12:30-3:30

Quilting group 12:00-3:30

Coloring class 1:00-3:00

Quilting group 12:00-3:30

CARD ROOM

MONDAYS

Duplicate Bridge 10:00-2:00

TUESDAYS

Canasta, Hand and Foot,
 Pinochle, Party Bridge,
 Mah Jong, Rummikub

WEDNESDAY

Duplicate Bridge 10:00-2:00

THURSDAY

Pinochle, Hand and Foot
 Party Bridge, Canasta,
 Mah Jong, Rummikub

FRIDAY

Duplicate Bridge 10:00-2

We are happy to offer our members a multitude of programs. Our facility is a "go to" place for Medicare, Diabetes, Blount County Health Department educational seminars, and Alzheimer's educational seminars.

Our Billiards Room is open to anyone 50+, all day unless otherwise noted.

For \$5.00 per class we have Tai Chi by Mary Pope on Tuesdays and Thursdays; Tone and Stretch by Kay McDonald is held on Tuesday afternoons. The Card Room has ongoing games such as Duplicate Bridge, Mahjong, and Hand and Foot, to name a few, the schedule can be seen on page 3. In our Art Room we offer ongoing art classes: Watercolor on Mondays with Penny Reasor and Oil Paint on Wednesdays with Barbara Goddard. These Classes have a fee of \$60 for members and \$75.00 for non-members and they follow a 6 week schedule. We have quilting, knitting, scrapbook, crochet, and coloring groups that are free for members and a table fee of \$2.00 for nonmembers. We hold a potluck/bingo on the first Thursday of each month with sponsored cash prizes. Free Ballroom Dancing every Wednesday. There is a Tuesday morning walking club, and we also hold educational seminars of interest to seniors and health screening events.

We would love to have you join our activities. Call or stop in for more information.

702 Burchfield Street.

Maryville, TN 37804

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BLOOD PRESSURE SCREENINGS

2nd Wednesday

3rd Tuesday

3rd Friday



ESC STAFF:

Stacy Homeyer Director

**Greg Pitner Administrative
Coordinator**

Corey Shields Admin/Custodian

ESC RENTAL RATES:

1-50 People -\$150.00 (3 hrs)

50-75 People -\$225.00(3 hrs)

75-100 People -\$300.00 (3 hrs)

ESC members receive 10% rental discount



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