



# FUN TIMES

### UPCOMING EVENTS

FREE CONCERTS

## Songs by the Brook

Springbrook Park - Alcoa, TN

### AUG 23

6:00 pm





### SEPT 6

6:00 pm




*Rain or Shine!*

Presenting Sponsors:






**7th Annual**

## "GOTTA TRI" TRIATHLON

FOR AGES 3-6 & 7-9

Sponsored by:









**Bike Ride**  
1/4 Mile for Ages 3-6  
1/2 Mile for Ages 7-9



**Run/Walk**  
200 Yards for Ages 3-6  
1/2 Mile for Ages 7-9



**Water Play Area**

## SUNDAY, SEPTEMBER 23

Springbrook Pool / Alcoa Duck Pond area

Bring your "Tiny Tot" (Ages 3-6) or "True Trooper" (Ages 7-9) for a fun afternoon of kid-friendly triathlon activities! Event course is modified for age group levels, with each group having their own course.

Pre-registration (\$10) includes a t-shirt & medal. Pre-registration is offered through noon on Friday, September 21, and is available at the Parks & Rec office or online at [www.parksrec.com](http://www.parksrec.com). Registration is limited.

### UPCOMING PROGRAMS FOR KIDS

#### Kids in Clay Pottery for Ages 6-10

Students will create fun projects as well as learn hand-building techniques such as coiling, pinching and slab work. Taught by Leanne Moe of Studio 212. Cost is \$65 for the 4-week session, which begins Tuesday, September 4.

**The Parks & Rec Administrative Office will be closed Monday, September 3 for Labor Day.**

### UPCOMING PROGRAMS FOR ADULTS

#### Adult Volleyball & Basketball

Registration begins September 24. Leagues are available for men and women, each having a 12-game season. Cost is \$250 per team for volleyball, and \$440 per team (plus \$3.50 per player) for basketball. Online registration is not available – register in the Parks & Rec office only. Season begins early November.

#### Photography for Beginners

##### DSLR and/or Advanced Digital Cameras

Learn how to get the most out of your camera, and take great photos of your favorite people and places. Cost is \$45 for the 4-week session held on Tuesdays, beginning September 4 from 7:00-8:00 pm. To register, go to <http://www.parksrec.com/adult-programs.html#photography>

#### Adult Pottery - Introduction to Throwing

A fun and total hands-on foundation course on throwing on the wheel. Course fee of \$80 includes clay and all firing and glaze materials. The next 4-week session begins Tuesday evening, September 4. Registration available online or at the Parks & Rec office.

#### Run 4 Fun Running Program

**Run 4 Fun I** and **Run 4 Fun II** are 10-week training programs developed for different running levels. Classes meet Tuesday evenings, and include running education, running, core work, stretching, and cool down. Cost for the 10-week session is \$55.00. To register, visit <http://www.parksrec.com/adult-programs.html#running>

#### NEW! RunKNOX Half-Marathon Training

Whether you are brand new to running, targeting a personal record race performance, or just looking to log miles with friends, we have a space for you. This 12-week program is ideal for targeting a late November or early December marathon, or one in the near future. Running dates are Tuesdays, September 11 - December 4. For more information, go to <http://www.parksrec.com/adult-programs.html#runknox>

### CELEBRATING STAFF

The Parks & Recreation Commission presented three service awards during the August Commission meeting. Maintenance staff member Gary Gregory was recognized for 30 years of service, and Missey Wright, Recreation Specialist, was recognized for 5 years of service. Kim Anderson retired from her role as Aquatics Manager with 26 years of service. Thanks to all for their dedicated service to Parks & Rec!



Gary Gregory  
30 years



Kim Anderson  
26 years



Missey Wright  
5 years