



Fun Times

Issue 11

www.parksrec.com

March 2011

April 8 Is Visit A Park Day

April 8 will mark the first anniversary of "Visit A Park Day". The mission of this day is to encourage people to learn more about their local, state and national parks, as well as to provide for recreational and educational opportunities within the parks to foster future enjoyment and visitation.

How familiar are you with the great parks located in Maryville, Alcoa and other areas of Blount County that make up the Parks & Rec park system? This day would be a great opportunity to enjoy the beauty of the Spring flowers and trees blooming in these parks, get some exercise on the Greenway or the playground, de-stress by relaxing under a tree, ride a bike, take some photos, watch the birds, have a picnic lunch or many other enjoyable and healthy activities our local parks have to offer for your lunch break, a day off from work, or time with your kids after school. Perhaps it would be interesting to find a park you have never before visited. Go to www.parksrec.com to find information on and the directions to all our local parks.

We are also fortunate to have part of the Great Smoky Mountains National Park here in Blount County and several Tennessee State and Historic Parks within easy driving distance. With so many park options open for your enjoyment there is no reason not to join us in observing "Visit A Park Day"!



Let's Dance - Dance - Dance

Parks & Rec has several opportunities this Spring for children and adults to enjoy the fun, fitness and social interaction of dance:

Beginner Ballet/Jazz Classes for Ages 3 - 10

Thursdays - March 24 - May 5 (7 week session) at the Everett Recreation Center. The instructors are Shelly Hall and Katelyn Simerly.

Time: 4:30 - 5:00 PM	Ages 3 - 4	Fee: \$60.
5:00 - 5:45 PM	Ages 4 - 5	Fee: \$70
5:45 - 6:30 PM.	Ages 6 - 10	Fee: \$70.

Hip Hop Dance Classes for Ages 5 & Up

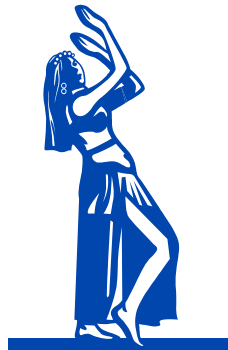
(music will be a clean and edited music mix)

Thursdays - March 24 - May 5 (7 week session) at the Everett Recreation Center. The fee is \$70. The instructor is Amanda Thompson.

Time: 4:00 - 4:45 PM	Ages 5 - 7
5:00 - 5:45 PM	Ages 8 - 11
6:00 - 6:45 PM	Ages 12 & Up

Wagon Wheelers Western Square Dance

This group for all ages meets every Tuesday from 7:00-9:30 PM, 7-8 PM Class and 8:00-9:30 PM Club, in the upstairs Dance Room at Springbrook Recreation Center. If you are interested in learning Western Square Dance or are an experienced dancer, please contact Philip McLemore at 681-6832 or 603-5348 for more information.



Belly Dance Basics

Come try this new class and see that belly dancing is for all levels. Belly Dance movements are great to tone the abdomen, back, arms and legs. This dance will teach you rhythm, coordination, and endurance all while having fun! Finding inner strength also encourages self confidence and fosters a positive self image. **Instructor, Jaia McClure**, has taught belly dance for over 7 years, and encourages laughter and questions. Attire should be athletic or yoga style clothing that is comfortable for movement, and participants should bring a water bottle.

Open House Free Class: March 22

Session I: Tuesdays, March 29 - May 3 (6 weeks session) 7:30 - 8:30 PM, at the Everett Recreation Center Fee: \$60.

Session II: Open House Free Class May 10

Tuesdays, May 17 - June 21 same time, fee and location as Session I.

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Things Not To Miss

Go to www.parksrec.com for all the details on these activities and lots more coming up soon.

- **Spring Break Tennis Camp** for middle and high school ages begins Monday at the Jack Murphy Tennis Courts at Sandy Springs Park. The fee is \$10. per class and you attend as many as you like.
- **The Red Cross Summer Swimming Classes** are almost full. Register now!
- **The Parks & Rec Pools Open May 20** and season pool passes are already on sale
- Check out our **Facebook** page to get information on **Lifeguarding for the Parks & Rec Pools** and when/where to get certified.
- **Adult Softball** team registration is still open. Several changes have been made this year to better accommodate teams and cut expenses for them.
- There are three different **Gymnastics Classes** for kids ranging in age from 18 months to 10 years and the **Start Smart** sports preparatory classes for ages 3 - 5 all beginning this month.